

**SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hampshire Division
Winchester - Monday 16 May 2016**

Men's Match

1	Southampton	127 pts
2	Basingstoke & Mid Hants	107 pts
3	Havant	100 pts
4	Aldershot, Farnham & District	92 pts
5	Winchester & District	78 pts
6	Overton Harriers	73 pts
7	City of Portsmouth	72 pts
8	Fleet & Crookham	33 pts

200 metres M35 A

1	Mark Collins	M40 Soton	24.1	8
2	Mark Vallier	M35 Ports	25.9	7
3	Dan Tomlinson	M45 AFD	26.2	6
4	Lee Mawson	M35 Havant	26.4	5
5	James Coney	M35 Over	26.8	4
6	Steve Pethen	M45 Win	27.4	3
7	Michael Hill	M35 BMH	29.0	2
8	Ben O'Connor	M45 Fleet	29.0	1

200 metres M35 B

1	Simon Ciaravella	M40 Soton	26.4	8
2	Gareth Hier	M40 AFD	26.7	7
3	Paul Neville	M45 Win	28.0	6
4	Gareth Juliff	M35 Over	28.1	5
5	Phil Brame	M45 Ports	28.2	4
6	Graham Cooper	M50 BMH	28.7	3
7	Richard Jackson	M45 Fleet	32.0	2
8	Greg Roulston	M55 Havant	35.0	1

200 metres M50

1	Jon Tilt	M50 Soton	25.8	8
2	Guy Giffin	M45 Ports, gst	26.4	
3	Nick Grocock	M50 Havant	26.8	7
4	Dave Stephenson	M50 Ports	28.1	6
5	Ray Watkins	M60 BMH	28.6	5
6	Keith Vallis	M50 Over	34.8	4
7	Mark Curtis	M50 Win	36.0	3

200 metres M60

1	Derek Wardle	M65 BMH	29.4	8
2	Vic Novell	M70 Soton	29.5	7
3	Paul Hillyard	M60 Havant	30.3	6
4	Keith Stone	M70 Win	32.6	5
5	John Hodge	M70 Over	34.6	4
6	David Haines	M75 Fleet	35.6	3
7	Stephen Ford	M60 AFD	35.8	2
8	Peter Newton	M70 Ports	37.0	1

200 metres Non-Scoring

1	Simon Crute	M45 BMH, gst	31.5
2	David McAdam	M45 AFD, gst	32.1
3	Graham Kent	M65 BMH, gst	32.5

800 metres M35 A

1	Mark Symes	M45 AFD	2:09.4	8
2	Mark Champion	M40 Ports	2:17.5	7
3	Jon Tilt	M50 Soton	2:18.1	6
4	Paul Mitchinson	M35 Havant	2:18.7	5
5	Dan White	M40 Win	2:19.0	4
6	Chris Dewey	M45 Over	2:21.2	3
7	Michael Hill	M35 BMH	2:24.7	2

800 metres M35 B

1	Darren Symes	M45 AFD	2:10.5	8
2	Jon Grainger	M50 Soton	2:18.5	7
3	Adam O'Hara	M35 Ports	2:23.4	6
4	Neil Martin	M40 Over	2:27.0	5
5	Andy Hoare	M50 BMH	2:27.7	4
6	Lee Mawson	M35 Havant	2:31.4	3
7	Steve Torrance	M55 Win	2:47.3	2

800 metres M50

1	Jim Garland	M50 Havant	2:18.6	8
2	Paul Gaylor	M45 AFD, gst	2:20.7	
3	Darren Bradley	M45 AFD, gst	2:22.9	
4	Austin Soane	M60 AFD	2:24.8	7
5	David Vossier	M55 Win	2:25.3	6
6	Simon Hargreaves	M50 Soton	2:33.1	5
7	Patrick Symington	M55 BMH	2:34.3	4
8	Martin Williams	M55 Ports	2:34.8	3
9	Richard Clifford	M40 Over, gst	2:35.7	
10	Mike Elliott	M50 Win, gst	2:40.7	
11	Terry Wegg	M45 BMH, gst	2:42.6	
12	Mark Curtis	M50 Win, gst	2:46.0	
13	Don Powell	M65 BMH, gst	2:48.1	
14	Keith Vallis	M50 Over	2:49.1	2
15	Steve Fisher	M50 BMH, gst	2:58.4	
16	David Long	M50 Fleet	3:21.8	1
17	Graham Kent	M65 BMH, gst	3:25.4	

3000 metres Steeplechase M35 A

1	Darrel May	M35 BMH	10:44.6	8
2	Lee Tolhurst	M40 Over	10:53.4	7
3	Paul Mitchinson	M35 Havant	11:03.1	6
4	Nialls Davies	M40 Ports	11:41.6	5
5	Peat Allan	M45 Win	11:52.8	4
6	Peter Costley	M50 Soton	12:10.3	3
7	Murray Croton	M45 AFD	12:12.7	2
8	Nigel Duke	M45 Fleet	12:52.2	1

3000 metres Steeplechase M35 B

1	Danny Kyle	M45 Win	12:04.2	8
2	Jon Hannan	M35 Soton	12:12.6	7
3	Lee Mawson	M35 Havant	12:39.8	6
4	Piers Puntan	M45 Over	14:13.2	5
5	Richard Jackson	M45 Fleet	14:17.8	4
6	Simon Crute	M45 BMH	14:38.8	3

3000 metres Steeplechase M50

1	Keith Vallis	M50 Over	12:44.1	8
2	Paul Carter	M50 Havant	14:41.0	7
3	Ray Gartland	M50 BMH	15:00.2	6
4	Sid Delara	M60 Soton	15:13.5	5

4x400m Relay

1	Soton	3:59.0	8
2	Havant	4:00.7	7
3	AFD	4:03.5	6
4	Win	4:07.0	5
5	Ports	4:09.5	4
6	BMH	4:23.2	3
7	Over	4:45.0	2
8	Fleet	4:54.7	1

Pole Vault M35

1	Rafer Joseph	M45 BMH	3.30	8
2	Andy Buchanan	M45 AFD	2.80	7
3	Graham Lay	M40 Soton	2.00	6
4	Lee Tolhurst	M40 Over	1.15	5
5	Paul Hillyard	M60 Havant	NM	

Pole Vault M50

1	Allan Leiper	M55 AFD	2.80	8
2	Chris Berry	M55 BMH	2.40	7
3	Dave Stephenson	M50 Ports	2.20	6
4	David Haines	M75 Fleet	2.00	5
5	Nick Bryant	M55 Soton	2.00	4
6	Pete Spencer	M70 Havant	1.15	3

Triple Jump M35

1	Jeremy Clifton	M40 Win	10.87	8
2	Ben O'Connor	M45 Fleet	10.23	7
3	Murray Croton	M45 AFD	8.72	6
4	Terry Wegg	M45 BMH, gst	8.44	
5	Andy Morgan-Lee	M45 Soton	8.27	5
6	Steve Fisher	M50 BMH	7.44	4
7	Pete Spencer	M70 Havant	5.63	3
8	Gareth Juliff	M35 Over	5.59	2

Triple Jump M50

1	Andy Waddington	M50 BMH	9.53	8
2	Mike Coker	M55 Soton	9.38	7
3	Dave Stephenson	M50 Ports	8.19	6
4	Greg Roulston	M55 Havant	7.61	5
5	Keith Vallis	M50 Over	5.80	4
6	Franklyn Young	M55 Win	5.25	3

Discus M35

1	Rafer Joseph	M45 BMH	43.15	8
2	Peter Evans	M45 Woking, gst	30.44	
3	Graham Lay	M40 Soton, gst	29.40	
4	Tim Brown	M40 Havant	29.30	7
5	Chris Irvine	M45 BMH, gst	26.53	
6	Andrew Sheerin	M45 Soton	24.48	6
7	Jeremy Clifton	M40 Win	22.26	5
8	Geoff Butler	M45 BMH, gst	21.62	
9	Piers Puntan	M45 Over	20.05	4
10	Dave Stephenson	M50 Ports	15.50	3
11	David McAdam	M45 AFD	12.36	2

Discus M50

1	Paul Kelly	M50 Woking, gst	36.02	
2	Allan Leiper	M55 AFD	33.83	8
3	Andy Turner	M50 Soton	32.12	7
4	Andy Hall	M65 Havant	29.20	6
5	Andy Waddington	M50 BMH	27.28	5
6	Steve Dobson	M50 Soton, gst	26.13	
7	Mark Scarborough	M55 Havant, gst	23.50	
8	Chris Berry	M55 BMH, gst	22.47	
9	Steve Torrance	M55 Win	18.83	4
10	Keith Vallis	M50 Over	13.99	3
11	Peter Newton	M70 Ports	9.07	2
12	David Long	M50 Fleet	NM	

Discus M60

1	Mike Ferne	M65 Soton	40.95	8
2	Richard Healey	M60 Ports	40.91	7
3	Stephen Ford	M60 AFD	32.66	6
4	Doug Kelson	M65 BMH	31.16	5
5	Pete Spencer	M70 Havant	22.95	4
6	David Haines	M75 Fleet	21.27	3
7	Gerry O'Brien	M60 Win	13.12	2
8	John Hoare	M70 Over	12.70	1

Javelin M35

1	Graham Lay	M40 Soton	41.43	8
2	Rafer Joseph	M45 BMH	34.68	7
3	Tim Brown	M40 Havant	32.61	6
4	Ben O'Connor	M45 Fleet	29.83	5
5	Jeremy Clifton	M40 Win	29.42	4
6	Chris Irvine	M45 BMH, gst	25.99	
7	Gordon Westley	M45 Soton, gst	24.84	
8	Geoff Butler	M45 BMH, gst	23.62	
9	Phil Brame	M45 Ports	22.00	3
10	Chris Berry	M55 BMH, gst	22.00	
11	Dan White	M40 Win, gst	18.45	
12	Piers Puntan	M45 Over	16.02	2
13	David McAdam	M45 AFD	13.95	1

Javelin M50

1	Allan Leiper	M55 AFD	35.05	8
2	Andy Waddington	M50 BMH	32.86	7
3	Charles Scouller	M55 Win	27.74	6
4	Andy Hall	M65 Havant	27.52	5
5	Steve Dobson	M50 Soton	26.53	4
6	Mark Scarborough	M55 Havant, gst	25.53	
7	Chris Berry	M55 BMH, gst	22.00	
8	Richard Francis	M55 Over	12.69	3
9	Peter Newton	M70 Ports	11.79	2
10	Mike Smears	M65 Soton, gst	8.99	

League Position after two matches

1	Southampton	16 (271)
2	Havant	13 (214)
3	Aldershot, Farnham & District	11 (200)
4	Basingstoke & Mid Hants	10.5 (196)
5	Winchester & District	7.5 (167)
6	City of Portsmouth	7 (167.5)
7	Overton Harriers	5 (157.5)
8	Fleet & Crookham	2 (78)

SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hampshire Division**Winchester - Monday 16 May 2016****Women's Match**

1=	City of Portsmouth	119 pts
1=	Winchester & District	119 pts
3	Southampton	117.5 pts
4	Basingstoke & Mid Hants	95.5 pts
5	Aldershot, Farnham & District	69 pts
6	Overton Harriers	62 pts
7	Havant	61 pts
8	Fleet & Crookham	12 pts

200 metres W35 A

1	Kim Valente	W40 AFD	28.7	8
2	Katy Odell	W40 Soton	29.9	7
3	Kathryn Miles	W40 Win	30.0	6
4	Tracy Duke	W40 Fleet	30.4	5
5	Jayne Ancombe	W45 Ports	30.8	4
6	Lee Stantiall	W35 Havant	31.8	3
7	Sarah Cleland	W35 BMH	33.6	2
8	Claire Spencer	W40 Over	36.5	1

200 metres W35 B

1	Janet Dickinson	W45 Soton	29.3	8
2	Lindsay Badman	W35 AFD	30.1	7
3	Linda Van Der Wel	W40 BMH	32.6	6
4	Alison Fenwick	W50 Win	33.5	5
5	Ann Pocock	W50 Ports	34.4	4
6	Katie Edwards	W40 Over	40.4	3
7	Marilyn Crocker	W65 Havant	50.2	2

200 metres W50

1	Tracy Bezance	W50 Soton	29.8	8
2	Eni Font Freide	W50 AFD	30.2	7
3	Maira West	W65 Win	32.2	6
4	Tessa Stephenson	W55 Ports	33.1	5
5	Christine Fry	W60 Havant	35.4	4
6	Monique Van Nueten	W55 Over	38.5	3
7	Mary Axtell	W70 Soton, gst	39.6	
8	Nick Walshe	W55 BMH	40.2	2

800 metres W35 A

1	Sue True	W35 Win	2:37.6	8
2	Sian Hawkes	W40 Ports	2:46.3	7
3	Sarah Cleland	W35 BMH	2:46.7	6
4	Danielle Marshall	W40 Soton	2:48.2	5
5	Sian Davies	W40 Over	2:49.7	4
6	Bea Lafreniere	W35 AFD	2:52.3	3
7	Tracy Duke	W40 Fleet	3:07.2	2

800 metres W35 B

1	Karen Hazlitt	W45 Win	2:43.3	8
2	Linda Van Der Wel	W40 BMH	2:47.1	7
3	Becky Mulley	W35 Soton	2:53.5	6
4	Jayne Anscombe	W45 Ports	2:53.9	5
5	Claire Spencer	W40 Over	3:18.1	4

800 metres W50

1	Lucy Elliott	W50 Win	2:32.4	8
2	Amanda Godfrey	W55 Havant	3:07.8	7
3	Monique Van Nueten	W55 Over	3:22.8	6
4	Margaret Moody	W65 BMH	3:25.6	5
5	Tessa Stephenson	W55 Ports	3:30.8	4
6	Paola King	W50 Soton	3:54.0	3

800 metres W60

1	Penny Forse	W65 Ports	3:14.8	8
2	Joy Radford	W60 Win	3:26.5	7
3	Liz Sandall-Ball	W60 Over	3:50.0	6
4	Viv Walters	W55 BMH	4:05.5	5
5	Marilyn Crocker	W65 Havant	4:14.8	4
6	Astrid Mangel	W65 Soton	4:33.5	3

3000 metres W35 A

1	Emma Montiel	W40 Ports	10:54.7	8
2	Nicci Blandford	W40 Soton	11:33.5	7
3	Jane Gandee	W45 Win	11:51.6	6
4	Becky Wilson	W40 BMH	11:58.1	5
5	Sian Davies	W40 Over	12:53.5	4
6	Bea Lafreniere	W35 AFD	13:01.9	3

3000 metres W35 B

1	Linda Van Der Wel	W40 BMH	12:24.8	8
2	Jo Jefferies	W40 Win	12:29.9	7
3	Katie Carew-Robinson	W35 Ports	12:32.8	6
4	Joanne Kitching	W40 Ports, gst	13:15.9	5
5	Becky Mulley	W35 Soton	13:42.4	4
6	Claire Spencer	W40 Over	14:24.7	3

3000 metres W50

1	Lucy Elliott	W50 Win	10:28.0	8
2	Kay Noyce	W50 Over	12:11.5	7
3	Margaret Moody	W65 BMH	13:34.3	6
4	Jane Georghiou	W60 Ports	13:47.9	5
5	Marilyn Crocker	W65 Havant	17:18.3	4
6	Paola King	W50 Soton	17:53.1	3

4x400m Relay

1		Soton	4:41.1	8
2		Win	4:47.7	7
3		Ports	5:12.8	6
4		BMH	5:16.2	5
5		Havant	5:38.2	4
6		Over	5:46.8	3

Pole Vault W35

1	Claudia Cabbage	W40 Ports	2.20	8
2=	Becky Mulley	W35 Soton	1.90	6.5
2=	Becky Wilson	W40 BMH	1.90	6.5
4	Lourdes Camos	AFD	NM	

Pole Vault W50

1	Vicky Bright	W55 Soton	1.30	8
2	Kirsten Workman	W60 AFD	1.20	7
3	Lynne Newton	W65 Ports	1.15	6

Long Jump W35

1	Janet Dickinson	W45 Soton	4.27	8
2	Lourdes Camos	AFD	4.00	7

Long Jump W35 (continued)

3	Claudia Cabbage	W40 Ports	3.91	6
4	Kathryn Miles	W40 Win	3.78	5
5	Tracy Duke	W40 Fleet	3.49	4
6	Becky Wilson	W40 BMH	3.45	3
7	Christine Fry	W60 Havant	3.38	2
8	Annette McInnes	W40 Over	3.24	1

Long Jump W50

1	Becky Mulley	W35 Soton, gst	3.92	
2	Tracy Bezance	W50 Soton	3.91	8
3	Alison Fenwick	W50 Win	3.90	7
4	Danielle Marshall	W40 Soton, gst	3.57	
5	Tessa Stephenson	W55 Ports	3.40	6
6	Amanda Godfrey	W55 Havant	3.14	5
7	Sue Pett	W65 BMH	2.77	4
8	Monique Van Nueten	W55 Over	2.58	3
9	Paola King	W50 Soton, gst	2.53	
10	Kirsten Workman	W60 AFD	2.28	2

Shot W35

1	Claudia Cabbage	W40 Ports	9.33	8
2	Katy Odell	W40 Soton	9.12	7
3	Heather Mballa	W35 Win	7.95	6
4	Maria Butler	W40 BMH	7.95	5
5	Annette McInnes	W40 Over	6.72	4
6	Vicki Spencer	W50 Havant	5.58	3
7	Lindsay Badman	W35 AFD	4.63	2

Shot W50

1	Karon Curnow	W50 Havant	8.21	8
2	Eni Font Freide	W50 AFD	7.84	7
3	Janet Smith	W55 Ports	7.47	6
4	Karin Gray	W50 Win	6.23	5
5	Paola King	W50 Soton	6.17	4
6	Viv Walters	W55 BMH	5.07	3
7	Monique Van Nueten	W55 Over	3.30	2

Shot W60

1	Sue Pett	W65 BMH	6.93	8
2	Kirsten Workman	W60 AFD	5.74	7
3	Sue Hume	W60 Win	5.43	6
4	Iris Mitchell	W75 Havant	4.97	5
5	Lynne Newton	W65 Ports	4.94	4
6	Christine Smears	W65 Soton	4.03	3
7	Liz Sandall-Ball	W60 Over	3.70	2

Discus W35

1	Heather Mballa	W35 Win	27.08	8
2	Janet Dickinson	W45 Soton	24.25	7
3	Claudia Cabbage	W40 Ports	21.85	6
4	Lourdes Camos	AFD	18.58	5
5	Maria Butler	W40 BMH	16.95	4
6	Sian Davies	W40 Over	16.72	3
7	Karon Curnow	W50 Havant	16.58	2
8	Tracy Duke	W40 Fleet	15.79	1

Discus W50

1	Chris Strode	W55 Havant	17.87	8
2	Janet Smith	W55 Ports	17.40	7
3	Sue Hume	W60 Win	16.40	6
4	Sue Pett	W65 BMH	15.13	5
5	Kirsten Workman	W60 AFD	14.08	4
6	Rosemary Hutton	W65 Soton	13.10	3
7	Liz Sandall-Ball	W60 Over	12.05	2

League Positions after two matches

1	Winchester & District	15.5 (246.5)
2	City of Portsmouth	14.5 (240.5)
3	Southampton	12 (225.5)
4	Basingstoke & Mid Hants	9 (192.5)
5	Aldershot, Farnham & District	9 (176)
6	Havant	5 (145.5)
7	Overton Harriers	5 (109)
8	Fleet & Crookham	2 (28.5)