

SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hampshire Division
Basingstoke - Monday 25 June 2018

Men's Match

1	Southampton	147 pts
2	Aldershot, Farnham & District	143 pts
3	Basingstoke & Mid Hants	118 pts
4	City of Portsmouth	112 pts
5	Winchester & District	80 pts
6	Havant	77 pts
7	Overton Harriers	67 pts
8	Fleet & Crookham	34 pts

100 metres M35 A

1	Darren Dods	M40 AFD	11.6	8
2	Mark Collins	M40 Soton	11.7	7
3	Mark Vallier	M40 Ports	12.2	6
4	John Dickinson	M35 BMH	12.3	5
5	Gareth Juliff	M35 Over	13.2	4
6	Steve Pethen	M45 Win	13.7	3
7	David Evans	M35 Havant	15.5	2

100 metres M35 B

1	Dan Tomlinson	M45 AFD	12.5	8
2	Robert Tyson	M40 BMH	12.7	7
3	Simon Ciaravella	M40 Soton	12.8	6
4	Phil Brame	M45 Ports	13.1	5
5	Chris Dewey	M50 Over	14.2	4
6	Greg Roulston	M60 Havant	15.2	3
7	Steve Torrance	M55 Win	15.8	2

100 metres M50

1	Steve Beak	M50 Soton	12.2	8
2	Richard Wheeler	M50 Ports	12.3	7
3	John Dickinson	M55 Fleet	13.3	6
4	Allan Leiper	M55 AFD	13.5	5
5	Paul Neville	M50 Win	13.7	4
6	Ray Watkins	M65 BMH	14.0	3
7	Keith Vallis	M50 Over	16.5	2

100 metres Non-Scoring

1	Ben Green	M40 AFD, gst	12.1
2	Loba Olopade	M35 BMH, gst	12.7
3	Kevin Wheeler	M35 Ports, gst	13.1
4	Andy McCrum	M55 BMH, gst	13.6
5	Stephen Ford	M65 AFD, gst	14.6
6	Graham Kent	M65 BMH, gst	15.6
7	Michael Hickey	M55 BMH, gst	15.6
8	Mike Smears	M70 Soton, gst	17.8

400 metres M35 A

1	Darren Dods	M40 AFD	55.0	8
2	Mark Vallier	M40 Ports	55.6	7
3	Jon Tilt	M55 Soton	56.1	6
4	Peter Watkeys	M35 BMH	56.5	5
5	Gareth Juliff	M35 Over	62.3	4
6	Steve Pethen	M45 Win	64.5	3
7	David Evans	M35 Havant	71.4	2
8	Mickael Hegesippe	M45 Fleet	82.2	1

400 metres M35 B

1	Ben Green	M40 AFD	55.1	8
2	Simon Ciaravella	M40 Soton	56.9	7
3	Kevin Wheeler	M35 Ports	60.4	6
4	Robert Tyson	M40 BMH	62.0	5
5	Neil Martin	M45 Over	65.7	4
6	Peat Allan	M50 Win	68.5	3

400 metres M50

1	Steve Beak	M50 Soton	58.7	8
2	John Dickinson	M55 Fleet	62.4	7
3	Murray Croton	M50 AFD	62.5	6
4	Paul Neville	M50 Win	62.5	5
5	Richard Wheeler	M50 Ports	66.4	4
6	Patrick Symington	M55 BMH	67.0	3
7	Keith Vallis	M50 Over	78.2	2
8	Roger Jones	M60 Havant	96.9	1

400 metres M60

1	Henry Hopkins	M60 Win	65.0	8
2	Ray Watkins	M65 BMH	66.0	7
3	Paul Hillyard	M60 Havant	69.7	6
4	Mike Bell	M65 Ports	73.0	5
5	Michael Coker	M60 Soton	75.5	4
6	Stephen Ford	M65 AFD	81.2	3
7	Graham Kent	M65 BMH, gst	85.9	
8	Edmond Simpson	M80 Over	97.0	2

400 metres Non-Scoring

1	Terry Wegg	M50 BMH, gst	68.6
2	Michael Hickey	M55 BMH, gst	71.0

1500 metres M35 A, M35 B

1	Mark Symes	M45 AFD	4:23.7	8	A
2	Jeremy Curtis	M35 Soton	4:30.2	7	A
3	Justyn Moore	M35 BMH	4:30.8	6	A
4	Simon Cooper	M45 AFD	4:32.0	8	B
5	Mark Causebrook	M35 Soton	4:35.0	7	B
6	Chris Dettmar	M35 Ports	4:37.5	5	A
7	Pete Sansome	M40 Win	4:42.4	4	A
8	James Wallace	M35 Fleet	4:43.5	3	A
9	Adam O'Hara	M40 Ports	4:45.5	6	B
10	Matt Lyness	M45 BMH	4:50.2	5	B
11	Andrew Proctor	M40 Havant	4:50.5	2	A
12	Lee Mawson	M35 Havant	4:58.6	4	B
13	Sean Holmes	M45 Over	5:04.6	1	A
14	Neil Martin	M45 Over	5:13.3	3	B
15	Mickael Hegesippe	M45 Fleet	5:26.3	2	B
16	Franklyn Young	M55 Win	5:31.1	1	B

1500 metres M50

1	Paul Gaylor	M50 AFD	4:39.5	8
2	Gareth Hier	M45 AFD, gst	4:40.3	
3	Gavin Jackman	M45 AFD, gst	4:42.2	
4	Darren Bradley	M45 AFD, gst	4:43.6	
5	Garry Bell	M40 Soton, gst	4:52.6	
6	Peter Costley	M50 Soton	4:53.1	7
7	Andy Gannaway	M55 Win	4:55.1	6
8	Austin Soane	M60 AFD, gst	4:55.5	
9	Paul Johnson	M55 Soton, gst	4:59.6	
10	Martin Williams	M55 Ports	5:10.5	5
11	Tony Watkins	M50 BMH	5:14.2	4
12	Terry Wegg	M50 BMH, gst	5:29.5	
13	Steve Torrance	M55 Win, gst	5:31.3	
14	Don Powell	M65 BMH, gst	5:33.0	
15	Gordon Westley	M50 Soton, gst	6:06.6	
16	Roger Jones	M60 Havant	6:19.3	3
17	Edmond Simpson	M80 Over	7:00.7	2
18	Richard Batchelor	M40 AFD, gst	DNF	

3000m Steeplechase M35 A, M35 B, M50

1	Paul Cardy	M35 Ports	10:24.9	8	A
2	Lee Tolhurst	M45 Over	11:03.7	7	A
3	Garry Bell	M40 Soton	11:40.4	6	A
4	Kit Lau	M35 Soton	11:55.5	8	B
5	Steve Davy	M45 Havant	11:59.7	5	A
6	Peat Allan	M50 Win	12:16.0	8	M50
7	Mark Hargreaves	M60 Ports	12:36.5	7	M50
8	Chris Dewey	M50 Over	12:51.4	7	B
9	Ray Gartland	M55 BMH	13:29.0	6	M50
10	John Collis	M45 Havant	13:39.9	6	B
11	Matt Hallin	M40 BMH	14:07.2	4	A
12	Andrew Hislop	M50 AFD	14:20.9	5	M50
-	Pete Sansome	M40 Win	10:54.6	DQ	M35
-	Chris Furness	M45 BMH	12:32.9	DQ	M35
-	Sid Delara	M60 Soton	15:21.0	DQ	M50

Medley Relay

1		AFD	3:53.7	8
2		Soton	4:07.6	7
3		BMH	4:08.5	6
4		Ports	4:16.2	5
5		Win	4:27.6	4
6		Over	4:34.0	3
7		Havant	4:34.8	2
8		Fleet	4:44.9	1

High Jump M35

1	Darren Dods	M40 AFD	1.75	8
2	Brian Thompson	M40 Soton	1.65	7
3	John Dickinson	M35 BMH	1.55	6
4	Adam O'Hara	M40 Ports	1.25	5
5	Lee Tolhurst	M45 Over	1.20	4
6	Greg Roulston	M60 Havant	1.15	3
7	Kevin Wheeler	M35 Ports, gst	1.00	
8	Loba Olopade	M35 BMH, gst	1.00	
9	David Long	M55 Fleet	1.00	2

High Jump M50

1	Andy Waddington	M55 BMH	1.55	8
2	Murray Croton	M50 AFD	1.40	7
3	Paul Hillyard	M60 Havant	1.30	6
4	Michael Coker	M60 Soton	1.25	5
5	John Dickinson	M55 Fleet	1.25	4
6	David Vosser	M55 Win	1.25	3
7	Richard Wheeler	M50 Ports	1.20	2
8	Keith Vallis	M50 Over	1.05	1

Long Jump M35

1	Darren Dods	M40 AFD	5.95	8
2	John Dickinson	M35 BMH	5.45	7
3	Lee Mawson	M35 Havant	4.71	6
4	Brian Thompson	M40 Soton	4.49	5
5	Gareth Juliff	M35 Over	4.14	4

Long Jump M50

1	Andy Waddington	M55 BMH	4.65	8
2	Derek Warn	M50 Soton	4.51	7
3	Andy McCrum	M55 BMH, gst	4.47	
4	John Dickinson	M55 Fleet	4.39	6
5	Henry Hopkins	M60 Win	4.32	5
6	Allan Leiper	M55 AFD	4.19	4
7	Michael Coker	M60 Soton, gst	3.99	
8	Michael Hickey	M55 BMH, gst	3.83	
9	Richard Wheeler	M50 Ports	3.63	3
10	Keith Vallis	M50 Over	3.34	2
11	Greg Roulston	M60 Havant	3.30	1
12	Colin Sheppard	M80 BMH, gst	2.52	
13	Mike Smears	M70 Soton, gst	2.44	

Shot M35

1	Graham Lay	M40 Soton	12.59	8
2	John Dickinson	M35 BMH	11.53	7
3	Darren Dods	M40 AFD	11.07	6
4	Andrew Sheerin	M45 Soton, gst	9.89	
5	Andy Hall	M65 Havant	9.41	5
6	Paul Williams	M45 Ports	7.39	4
7	Piers Puntan	M45 Over	5.45	3
8	Steve Torrance	M55 Win	4.62	2

Shot M50

1	Allan Leiper	M55 AFD	11.81	8
2	Mike Marchant	M55 Win	10.63	7
3	Stephen Dobson	M55 Soton	10.35	6
4	Richard Wheeler	M50 Ports	8.75	5
5	Mark Scarborough	M55 Havant	8.29	4
6	Andy Waddington	M55 BMH	8.25	3
7	Keith Vallis	M50 Over	5.83	2

Shot M60

1	Richard Healey	M60 Ports	9.90	8
2	Paul Hillyard	M60 Havant	9.86	7
3	Michael Coker	M60 Soton	8.98	6
4	Nigel Hooker	M65 AFD	8.97	5
5	Doug Kelson	M65 BMH	8.27	4
6	Steve Till	M60 BMH, gst	6.28	
7	Henry Hopkins	M60 Win	6.02	3
8	Steve Spence	M65 Over	5.05	2

Hammer M35

1	Neil Minchin	M40 AFD	37.69	8
2	Andrew Sheerin	M45 Soton	37.25	7
3	Andy Hall	M65 Havant	35.94	6
4	John Dickinson	M35 BMH	31.91	5
5	Paul Williams	M45 Ports	20.99	4
6	Piers Puntan	M45 Over	14.53	3
7	David Vosser	M55 Win	12.22	2

Hammer M50

1	Andy Turner	M50 Soton	34.06	8
2	Mike Marchant	M55 Win	32.54	7
3	Nigel Hooker	M65 AFD	27.33	6
4	Richard Wheeler	M50 Ports	27.21	5
5	Doug Kelson	M65 BMH	26.65	4
6	Mark Scarborough	M55 Havant	21.05	3
7	David Long	M55 Fleet	16.08	2
8	Keith Vallis	M50 Over	14.68	1

Hammer M60 (non-scoring)

1	Laurence Bryce	M75 Ports, gst	28.12	
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League Position after three matches

1	Southampton	24 (423)
2	Aldershot, Farnham & District	21 (387.5)
3	Basingstoke & Mid Hants	18 (345.5)
4	City of Portsmouth	13.5 (306)
5	Winchester & District	13.5 (277)
6	Havant	8 (202)
7	Overton Harriers	7 (195)
8	Fleet & Crookham	3 (97)

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Basingstoke - Monday 25 June 2018

Women's Match

1	Southampton	137 pts
2	Winchester & District	123 pts
3	Aldershot, Farnham & District	99 pts
4	City of Portsmouth	92 pts
5	Basingstoke & Mid Hants	85 pts
6	Havant	70 pts
7	Overton Harriers	34 pts
8	Fleet & Crookham	26 pts

100 metres W35 A

1	Natasha Norris	W40 AFD	13.1	8
2	Joy Wright	W40 Soton	13.6	7
3	Kathryn Miles	W45 Win	13.6	6
4	Sarah Al-Romaiithi	W35 Havant	14.2	5
5	Gail Tyson	W45 BMH	15.4	4
6	Jo Kitching	W40 Ports	15.5	3
7	Lindsay Webb	W45 Fleet	15.7	2
8	Claire Spencer	W40 Over	17.4	1

100 metres W35 B

1	Lindsay Badman	W35 AFD	14.6	8
2	Becky Mulley	W35 Soton	15.3	7
3	Linda Van Der Wel	W45 BMH	15.3	6
4	Alison Fenwick	W55 Win	16.3	5
5	Laura Gilbert	W35 Ports	16.4	4
6	Di Byrne	W50 Havant	19.4	3

100 metres W50

1	Janet Dickinson	W50 Soton	14.0	8
2	Eni Font Freide	W55 AFD	14.2	7
3	Jayne Ancombe	W50 Ports	15.2	6
4	Moira West	W65 Win	16.7	5
5	Paola King	W55 Soton, gst	17.2	
6	Tracey Grigoleit	W55 BMH	17.5	4
7	Vicky Bright	W55 Soton, gst	18.7	
8	Chris Strode	W60 Havant	21.7	3

400 metres W35 A

1	Joy Wright	W40 Soton	62.3	8
2	Sue True	W40 Win	66.8	7
3	Kelly Roberts	W45 AFD	73.2	6
4	Sarah Al-Romaiithi	W35 Havant	73.3	5
5	Gail Tyson	W45 BMH	74.8	4
6	Sian Hawkes	W45 Ports	76.4	3
7	Lindsay Webb	W45 Fleet	79.0	2

400 metres W35 B

1	Claire McErlean	W35 Soton	71.0	8
2	Charlie Hoskins	W40 Win	74.3	7
3	Lourdes Camos	W45 AFD	76.3	6
4	Cat Coveney	W45 BMH	76.8	5
5	Liz Steward	W35 Havant	78.3	4
6	Charon Baggaley	W50 Ports	79.8	3

400 metres W50

1	Janet Dickinson	W50 Soton	67.2	8
2	Jayne Ancombe	W50 Ports	69.5	7
3	Alison Fenwick	W55 Win	75.0	6
4	Tracey Grigoleit	W55 BMH	85.7	5
5	Paola King	W55 Soton, gst	86.5	
6	Cath Row	W50 Havant	91.2	4
7	Monique Van Nueten	W60 Over	92.6	3
8	Vicky Bright	W55 Soton, gst	103.4	

400 metres W60

1	Margaret Moody	W65 BMH	91.0	8
2	Jane Georghiou	W65 Ports	101.3	7
3	Liz Sandall-Ball	W65 Over	104.9	6
4	Jane Pitt	W70 Soton	115.8	5
5	Marilyn Crocker	W70 Havant	120.5	4

1500 metres W35 A, W35 B, W50

1	Karen Rushton	W50 Win	5:15.7	8	W50
2	Nicci Blandford	W40 Soton	5:21.4	8	A
3	Lesley Locks	W40 Fleet	5:21.9	7	A
4	Claire McErlean	W35 Soton	5:22.3	8	B
5	Zara Hyde-Peters	W55 Over	5:26.9	7	W50
6	Jane Gandee	W50 Win	5:27.7	6	A
7	Cathy Stewart	W50 AFD	5:31.9	6	W50
8	Sam Parkinson	W45 Win	5:33.0	7	B
9	Ruth Jones	W35 AFD	5:40.5	5	A
10	Kate Robson	W35 BMH	5:41.3	4	A
11	Sian Hawkes	W45 Ports	5:45.4	3	A
12	Penny Abbott	W50 Fleet	5:52.8	5	W50
13	Liz Steward	W35 Havant	5:53.6	2	A
14	Zoe Barton	W40 Fleet	6:09.3	6	B
15	Charon Baggaley	W50 Ports	6:09.6	5	B
16	Di Byrne	W50 Havant	6:23.9	4	B
17	Claire Spencer	W40 Over	6:25.1	1	A
18	Cat Coveney	W45 BMH	6:27.8	3	B
19	Tracy Duke	W40 AFD	6:46.6	2	B
20	Nick Walshe	W55 BMH	6:58.6	4	W50
21	Jane Georghiou	W65 Ports	7:04.3	3	W50
22	Caroline Barnfield	W55 Soton	7:28.3	2	W50

Medley Relay

1	Soton	4:45.5	8
2	AFD	5:01.0	7
3	Win	5:05.6	6
4	Ports	5:15.6	5
5	BMH	5:29.4	4
6	Fleet	5:30.6	3
7	Havant	5:36.2	2
8	Over	5:48.7	1

High Jump W35

1	Joy Wright	W40 Soton	1.25	8
2	Linda Van Der Wel	W45 BMH	1.25	7
3	Natasha Norris	W40 AFD	1.15	6
4	Moira West	W65 Win	0.90	5
5	Marilyn Crocker	W70 Havant	0.80	4
6	Claudia Cabbage	W45 Ports	NM	

High Jump W50

1	Janet Dickinson	W50 Soton	1.30	8
2	Alison Fenwick	W55 Win	1.10	7
3	Tessa Stephenson	W55 Ports	1.10	6
4	Cath Row	W50 Havant	1.05	5
5	Kirsten Workman	W65 AFD	0.95	4
6	Vicky Bright	W55 Soton, gst	0.90	
7	Tracey Grigoleit	W55 BMH	NM	

Triple Jump W35

1	Becky Mulley	W35 Soton	8.74	8
2	Natasha Norris	W40 AFD	8.55	7
3	Claudia Cabbage	W45 Ports	7.83	6
4	Sue True	W40 Win	7.82	5
5	Linda Van Der Wel	W45 BMH	6.69	4
6	Marilyn Crocker	W70 Havant	4.77	3

Triple Jump W50

1	Alison Fenwick	W55 Win	8.23	8
2	Tessa Stephenson	W55 Ports	6.03	7
3	Kirsten Workman	W65 AFD	6.02	6
4	Vicky Bright	W55 Soton	4.88	5
5	Cath Row	W50 Havant	NM	

Hammer W35

1	Heather Mballa	W35 Win	20.72	8
2	Paola King	W55 Soton	20.17	7
3	Claudia Cubbage	W45 Ports	18.34	6
4	Susanne Jacob-Williams	W45 BMH	14.88	5
5	Jenny Wilson	W35 Over	14.14	4
6	Vicki Spencer	W50 Havant	10.87	3
7	Lindsay Badman	W35 AFD	9.51	2

Hammer W50

1	Chris Strode	W60 Havant	24.75	8
2	Roz Hutton	W70 Soton	24.64	7
3	Sue Hume	W60 Win	21.78	6
4	Kirsten Workman	W65 AFD	19.74	5
5	Denise Perrett	W65 Ports	10.49	4
6	Tracey Grigoleit	W55 BMH	8.79	3

Javelin W35

1	Heather Mballa	W35 Win	27.70	8
2	Katy Odell	W40 Soton	26.26	7
3	Susanne Jacob-Williams	W45 BMH	21.17	6
4	Claudia Cubbage	W45 Ports	19.22	5
5	Jenny Wilson	W35 Over	18.05	4
6	Tracy Duke	W40 AFD	14.82	3
7	Vicki Spencer	W50 Havant	14.18	2
8	Lindsay Webb	W45 Fleet	10.87	1

Javelin W50

1	Janet Dickinson	W50 Soton	25.61	8
2	Sally Serridge	W50 Win	24.87	7
3	Tessa Stephenson	W55 Ports	11.56	6
4	Chris Strode	W60 Havant	10.18	5
5	Tracey Grigoleit	W55 BMH	9.39	4
6	Angela Owen	W60 AFD	8.85	3

Javelin W60

1	Kirsten Workman	W65 AFD	20.23	8
2	Liz Sandall-Ball	W65 Over	10.96	7
3	Sue Hume	W60 Win	10.70	6
4	Margaret Moody	W65 BMH	7.54	5
5	Marilyn Crocker	W70 Havant	6.41	4
6	Denise Perrett	W65 Ports	6.27	3
7	Christine Smears	W70 Soton	5.04	2

League Position after three matches

1	Southampton	23 (395)
2	Winchester & District	22 (392.5)
3	Aldershot, Farnham & District	18 (300)
4	City of Portsmouth	14 (268.5)
5	Basingstoke & Mid Hants	12 (227)
6	Havant	10 (226)
7	Overton Harriers	6 (67)
8	Fleet & Crookham	2 (41)