

# SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hampshire Division

Aldershot - Monday 9 July 2018

## Men's Match

1	Southampton	153.5 pts
2	Aldershot, Farnham & District	144 pts
3	Basingstoke & Mid Hants	119 pts
4	City of Portsmouth	96 pts
5	Havant	86 pts
6	Winchester & District	74 pts
7	Fleet & Crookham	58.5 pts
8	Overton Harriers	58 pts

## 200 metres M35 A

1	Darren Dods	M40 AFD	23.8	8
2	Mark Vallier	M40 Ports	24.0	7
3	Mark Collins	M40 Soton	24.0	6
4	Robert Tyson	M40 BMH	25.8	5
5	Colin French	M35 Win	26.1	4
6	Lee Mawson	M35 Havant	26.3	3
7	Gareth Juliff	M35 Over	28.3	2
8	Ben O'Connor	M45 Fleet	29.3	1

## 200 metres M35 B

1	Dan Tomlinson	M45 AFD	25.5	8
2	Simon Ciaravella	M40 Soton	26.3	7
3	Phil Brame	M45 Ports	27.3	6
4	Andy McCrum	M55 BMH	28.2	5
5	Steve Pethen	M45 Win	28.2	4
6	Lee Tolhurst	M45 Over	29.7	3
7	David Evans	M35 Havant	32.1	2

## 200 metres M50

1	Steve Beak	M50 Soton	25.5	8
2	Richard Wheeler	M50 Ports	26.1	7
3	John Dickinson	M55 Fleet	27.7	6
4	Allan Leiper	M55 AFD	28.2	5
5	Ray Watkins	M65 BMH	28.5	4
6	Henry Hopkins	M60 Win	29.0	3
7	Keith Vallis	M50 Over	36.7	2

## 200 metres Non-Scoring 1

1	Ben Green	M40 AFD, gst	24.7	
2	Myles Harrison	M45 AFD, gst	26.6	
3	Kevin Wheeler	M35 Ports, gst	27.0	
4	Darren Clissold	M45 Soton, gst	27.8	
5	Elias Mtshweni	M50 Win, gst	28.9	
6	Stephen Ford	M65 AFD, gst	31.2	
7	Graham Kent	M65 BMH, gst	33.2	

## 200 metres Non-Scoring 2

1	Vic Novell	M70 Soton, gst	29.4	
2	Tom Vamos	M45 Win, gst	29.7	
3	Alan Forse	M70 Soton, gst	30.3	

## 800 metres M35 A

1	Paul Laslett	M35 Soton	2:01.1	8
2	Mark Symes	M45 AFD	2:04.4	7
3	Lee Mawson	M35 Havant	2:16.8	6
4	Nialls Davies	M40 Ports	2:17.3	5
5	Peat Allan	M50 Win	2:22.7	4
6	Alastair Bridgman	M45 BMH	2:23.8	3
7	Gareth Juliff	M35 Over	2:29.5	2
8	Mickael Hegesippe	M45 Fleet	2:57.5	1

## 800 metres M35 B

1	Dan Acheson	M35 AFD, gst	2:10.3	
2	Simon Cooper	M45 AFD	2:13.1	8
3	Jim Bennett	M40 Soton	2:13.6	7
4	Pete Sansome	M40 Win	2:15.6	6
5	Andy Goddard	M40 BMH	2:16.3	5
6	Adam O'Hara	M40 Ports	2:16.9	4
7	Andrew Proctor	M40 Havant, gst	2:21.2	
8	Neil Martin	M45 Over	2:26.7	3
9	Steve Davy	M45 Havant	2:27.2	2

## 800 metres M50

1	David Blackman	M50 Soton	2:17.9	8
2	Paul Gaylor	M50 AFD	2:19.2	7
3	Andy Gannaway	M55 Win	2:20.3	6
4	Mike Hodges	M45 Soton, gst	2:30.0	
5	Richard Turner	M50 Havant	2:31.6	5
6	Mark Hargreaves	M60 Ports	2:31.7	4
7	Terry Wegg	M50 BMH	2:33.2	3
8	Patrick Symington	M55 BMH, gst	2:36.6	
9	Ray Gartland	M55 BMH, gst	2:37.0	
10	Tony Watkins	M50 BMH, gst	2:40.2	
11	Jon Capel	M50 Fleet	2:42.9	2
12	Keith Vallis	M50 Over	2:43.9	1
13	Steve Oliver	M55 Win, gst	2:44.3	

## 800 metres M60

1	Sid Delara	M60 Soton	2:38.6	8
2	Henry Hopkins	M60 Win	2:42.5	7
3	Mike Bell	M65 Ports	2:45.6	6
4	Greg Roulston	M60 Havant	3:20.5	5
5	Graham Kent	M65 BMH	3:39.0	4
6	Steve Till	M60 BMH, gst	3:51.4	

## 3000 metres M35 A, M35 B, M50, M60

1	Paul Cardy	M35 Ports	9:23.7	8	A
2	Mark Causebrook	M35 Soton	9:27.0	7	A
3	Chris Dettmar	M35 Ports	9:27.3	8	B
4	Gareth Klepacz	M35 Soton	9:32.2	7	B
5	Simon Gill	M40 Havant	9:32.7	6	A
6	Pete Sansome	M40 Win	9:55.8	5	A
7	Paul Mitchinson	M35 Havant	9:56.2	6	B
8	James Wallace	M35 Fleet	9:59.1	4	A
9	Rob Harkness	M40 AFD	10:03.6	3	A
10	Richard Batchelor	M40 AFD	10:13.1	5	B
11	Peter Costley	M50 Soton	10:20.0	8	M50
12	Andrew Proctor	M40 Havant, gst	10:25.4		
13	Austin Soane	M60 AFD	10:29.3	8	M60
14	Koji Miyazaki	M55 AFD	10:34.7	7	M50
15	Sean Holmes	M45 Over	10:35.1	2	A
16	Neil Martin	M45 Over	10:41.3	4	B
17	Chris Furness	M45 BMH	10:42.8	1	A
18	Paul Boyd-Leslie	M45 Soton, gst	10:44.4		
19	Paul Johnson	M55 Soton, gst	10:46.1		
20	Richard Guy Smith	M40 AFD, gst	10:54.0		
21	Mark Hargreaves	M60 Ports	11:01.7	6	M50
22	Russell Burton	M60 BMH	11:06.0	7	M60
23	Avi Govind	M40 BMH	11:09.6	3	B
24	Tony Watkins	M50 BMH	11:12.0	5	M50
25	Mark Ferguson	M45 Ports, gst	11:21.7		
26	Steve Oliver	M55 Win	11:24.8	4	M50
27	Mickael Hegesippe	M45 Fleet	11:29.7	2	B
28	Richard Turner	M50 Havant	11:36.3	3	M50
29	John Collis	M45 Havant, gst	11:40.2		
30	Keith Vallis	M50 Over	12:03.0	2	M50
31	Malcolm Renyard	M70 Havant	12:09.6	6	M60
32	Godfrey Rhimes	M65 Ports	12:10.1	5	M60
33	Steve Goodwin	M60 Win	12:30.0	4	M60
34	Andrew Hislop	M50 AFD, gst	12:54.0		
35	Sid Delara	M60 Soton	12:57.0	3	M60
36	Gordon Westley	M50 Soton, gst	13:33.8		
37	Steve Till	M60 BMH, gst	16:28.4		

**2000 metres Walk M35, M50**

1	Nick Hart	U17M AFD, gst	9:49.0	
2	Lee Tolhurst	M45 Over	11:20.5	8 M35
3	Keith Vallis	M50 Over	11:24.5	8 M50
4	Eddy Purser	U13B Ports, gst	11:49.3	
5	John MacInnes	M55 Soton	12:24.9	7 M50
6	Andy Morgan-Lee	M45 Soton	12:41.6	7 M35
7	Roger Osgood	M75 Havant	12:53.6	6 M50
8	Terry Wegg	M50 BMH	12:55.5	5 M50
9	David Evans	M35 Havant	13:33.0	6 M35
10	Michael Hickey	M55 BMH, gst	13:50.3	
11	Ben O'Connor	M45 Fleet	13:59.8	5 M35
12	Alastair Bridgman	M45 BMH	15:03.6	4 M35
13	Ian Jennings	M45 AFD	15:38.5	3 M35
14	Murray Croton	M50 AFD	15:46.3	4 M50
15	Steve Oliver	M55 Win	16:12.6	3 M50

**4x200m Relay**

1		AFD	1:42.3	8
2		Soton	1:43.1	7
3		Ports	1:47.5	6
4		BMH	1:48.2	5
5		Havant	1:49.6	4
6		Over	1:55.4	3
7		Win	1:56.0	2
8		Fleet	2:10.2	1

**Pole Vault M35**

1	John Dickinson	M35 BMH	3.00	8
2	Darren Dods	M40 AFD	3.00	7
3=	Darren Clissold	M45 Soton	2.80	5.5
3=	John Dickinson	M55 Fleet	2.80	5.5
5	Dave Bush	M45 Over	1.80	4

**Pole Vault M50**

1	Allan Leiper	M55 AFD	2.40	8
2	Derek Warn	M50 Soton	2.10	7
3	David Haines	M75 Fleet	2.00	6
4	Michael Hickey	M55 BMH	1.80	5
5	Elias Mtshweni	M50 Win, gst	NM	

**Triple Jump M35**

1	John Dickinson	M35 BMH	10.87	8
2	Brian Thompson	M40 Soton	10.84	7
3	Ian Bridgeman	M45 AFD	10.55	6
4	Ben O'Connor	M45 Fleet	9.60	5
5	Lee Tolhurst	M45 Over	8.89	4
6	Lee Mawson	M35 Havant	8.35	3
7	Tom Vamos	M45 Win	8.33	2
8	Kevin Wheeler	M35 Ports	4.58	1

**Triple Jump M50**

1	Henry Hopkins	M60 Win	9.44	8
2	Andy Waddington	M55 BMH	9.34	7
3	Murray Croton	M50 AFD	8.77	6
4	Michael Coker	M60 Soton	8.35	5
5	David Haines	M75 Fleet	7.13	4
6	Keith Vallis	M50 Over	6.51	3
7	Richard Wheeler	M50 Ports	6.38	2
8	Greg Roulston	M60 Havant	5.95	1

**Discus M35**

1	Graham Lay	M40 Soton	39.13	8
2	John Dickinson	M35 BMH	35.00	7
3	Darren Dods	M40 AFD	34.60	6
4	Neil Fitzpatrick	M35 Havant	30.71	5
5	Richard Wheeler	M50 Ports	26.57	4
6	Geoff Butler	M45 BMH, gst	24.80	
7	Colin French	M35 Win	24.57	3
8	John Dickinson	M55 Fleet	16.54	2
9	Paul Williams	M45 Ports, gst	16.15	
10	Dave Bush	M45 Over	14.67	1

**Discus M50**

1	Allan Leiper	M55 AFD	33.44	8
2	Andy Turner	M50 Soton	32.54	7
3	Richard Healey	M60 Ports	32.29	6
4	Stephen Ford	M65 AFD, gst	24.80	
5	Stephen Dobson	M55 Soton, gst	24.62	
6	Doug Kelson	M65 BMH	24.11	5
7	Michael Coker	M60 Soton, gst	22.92	
8	Pete Spencer	M70 Havant	20.89	4
9	Steve Torrance	M55 Win	19.35	3
10	Keith Vallis	M50 Over	17.73	2
11	Jon Capel	M50 Fleet	14.36	1

**Javelin M35**

1	Graham Lay	M40 Soton	45.94	8
2	John Dickinson	M35 BMH	41.26	7
3	Darren Dods	M40 AFD	38.73	6
4	Colin French	M35 Win	34.50	5
5	Neil Fitzpatrick	M35 Havant	34.45	4
6	Geoff Butler	M45 BMH, gst	23.10	
7	Ben O'Connor	M45 Fleet	21.36	3
8	Paul Williams	M45 Ports	16.98	2
9	Lee Tolhurst	M45 Over	14.64	1

**Javelin M50**

1	Allan Leiper	M55 AFD	35.01	8
2	Andy Waddington	M55 BMH	30.87	7
3	Richard Wheeler	M50 Ports	29.91	6
4	John Dickinson	M55 Fleet	26.21	5
5	Gordon Westley	M50 Soton	20.31	4
6	Mark Whitelaw	M50 Over	17.69	3
7	Pete Spencer	M70 Havant	16.78	2
8	Steve Torrance	M55 Win	11.45	1

**Javelin M60**

1	Stephen Ford	M65 AFD	23.21	8
2	Graham Foden	M65 Havant	21.17	7
3	Doug Kelson	M65 BMH	19.50	6
4	David Haines	M75 Fleet	16.68	5
5	Michael Coker	M60 Soton	15.92	4
6	Richard Healey	M60 Ports	4.96	3

**Final League Positions**

1	Southampton	32 (576.5)
2	Aldershot, Farnham & District	28 (531.5)
3	Basingstoke & Mid Hants	24 (464.5)
4	City of Portsmouth	18.5 (402)
5	Winchester & District	16.5 (351)
6	Havant	12 (288)
7	Overton Harriers	8 (253)
8	Fleet & Crookham	5 (155.5)

**SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hampshire Division**  
**Aldershot - Monday 9 July 2018**

**Women's Match**

1	Southampton	147 pts
2	Winchester & District	132 pts
3	City of Portsmouth	111 pts
4	Aldershot, Farnham & District	95 pts
5	Havant	71 pts
6	Fleet & Crookham	63 pts
7	Basingstoke & Mid Hants	49 pts
abs	Overton Harriers	

**200 metres W35 A**

1	Joy Wright	W40 Soton	27.8	8
2	Natasha Norris	W40 AFD	28.0	7
3	Kathryn Miles	W45 Win	29.3	6
4	Sarah Al-Romaihi	W35 Havant	30.5	5
5	Gail Tyson	W45 BMH	32.7	4
6	Zoe Barton	W40 Fleet	35.3	3
7	Laura Gilbert	W35 Ports	35.4	2

**200 metres W35 B**

1	Janet Dickinson	W50 Soton	28.3	8
2	Jayne Anscombe	W50 Ports	31.7	7
3	Kelly Roberts	W45 AFD	32.2	6
4	Joy Radford	W65 Win	34.5	5
5	Lindsay Webb	W45 Fleet	34.8	4
6	Nicki Turner	W45 Havant	37.4	3

**200 metres W50**

1	Tracy Bezance	W50 Soton	30.6	8
2	Alison Fenwick	W55 Win	33.0	7
3	Paola King	W55 Soton, gst	36.6	
4	Nick Walshe	W55 BMH	40.4	6
5	Cath Row	W50 Havant	48.3	5
6	Denise Perrett	W65 Ports	52.0	4

**200 metres W60**

1	Moira West	W65 Win	35.1	8
2	Margaret Moody	W65 BMH	42.2	7
3	Kirsten Workman	W65 AFD	42.9	6
4	Jane Georghiou	W65 Ports	47.0	5
5	Jane Pitt	W70 Soton	47.7	4
6	Chris Strode	W60 Havant	48.2	3

**800 metres W35 A**

1	Joy Wright	W40 Soton	2:34.2	8
2	Sue True	W40 Win	2:35.9	7
3	Lesley Locks	W40 Fleet	2:53.0	6
4	Jo Kitching	W40 Ports	3:08.5	5
5	Tracy Duke	W40 AFD	3:09.0	4
6	Marilyn Crocker	W70 Havant	4:30.9	3

**800 metres W35 B, W50**

1	Claire McErlean	W35 Soton	2:41.0	8	B
2	Cathy Stewart	W50 AFD	2:46.8	8	W50
3	Zoe Barton	W40 Fleet	2:54.2	7	B
4	Sonia Rushby	W45 Win	2:54.9	6	B
5	Jayne Anscombe	W50 Ports	2:57.9	7	W50
6	Alison Fenwick	W55 Win	3:05.3	6	W50
7	Penny Abbott	W50 Fleet	3:10.2	5	W50
8	Lourdes Camos	W45 AFD	3:10.9	5	B
9	Charon Baggaley	W50 Ports	3:11.5	4	B
10	Nicki Turner	W45 Havant	3:21.9	3	B
11	Vicki Spencer	W50 Havant	3:42.6	4	W50
12	Caroline Barnfield	W55 Soton	3:51.8	3	W50

**3000 metres W35 A, W35 B, W50**

1	Ruth Wallace	W35 Fleet	11:16.3	8	A
2	Claire McErlean	W35 Soton	11:27.0	7	A
3	Lesley Locks	W40 Fleet	11:28.8	8	B
4	Sam Parkinson	W45 Win	11:39.6	6	A
5	Jane Gandee	W50 Win	11:40.2	8	W50
6	Cathy Stewart	W50 AFD	11:53.8	7	W50
7	Sonia Rushby	W45 Win	12:10.0	7	B
8	Hannah Willson	W35 Soton	12:35.7	6	B
9	Jolene Sadler	W35 Fleet, gst	12:39.3		
10	Zoe Barton	W40 Fleet, gst	12:55.2		
11	Margaret Moody	W65 BMH	13:11.5	6	W50
12	Charon Baggaley	W50 Ports	13:24.1	5	A
13	Jo Kitching	W40 Ports	13:33.6	5	B
14	Nick Walshe	W55 BMH	14:27.3	4	A
15	Jane Georghiou	W65 Ports	14:55.8	5	W50
16	Caroline Barnfield	W55 Soton	17:17.2	4	W50

**2000 metres Walk W35, W50**

1	Harriet Hide	W45 Win	11:07.0	8	W35
2	Sue Davies	W50 AFD	12:12.9	8	W50
3	Charlotte Wallis	U15G AFD, gst	12:48.5		
4	Anna Hinchcliffe	U20W AFD, gst	13:07.0		
5	Cath Row	W50 Havant	13:50.1	7	W50
6	Brenda Whitby	W65 Ports	14:12.2	7	W35
7	Carrie Oliver	W55 Win	14:13.2	6	W50
8	Paola King	W55 Soton	14:54.8	5	W50
9	Hannah Willson	W35 Soton	15:34.7	6	W35
10	Paula Steckiwi	W65 BMH	15:38.4	4	W50
11	Di Byrne	W50 Havant	16:12.5	5	W35
12	Denise Perrett	W65 Ports	17:04.9	3	W50

**4x200m Relay**

1		Soton	1:59.9	8
2		AFD	2:02.8	7
3		Win	2:13.4	6
4		Fleet	2:25.4	5
5		Ports	2:37.0	4
6		Havant	2:44.5	3

**Pole Vault W35**

1	Claudia Cabbage	W45 Ports	2.20	8
2	Bea Lafreniere	W40 AFD	2.10	7
3	Becky Mulley	W35 Soton	2.00	6
4	Ruth Wallace	W35 Fleet	1.40	5

**Pole Vault W50**

1	Vicky Bright	W55 Soton	1.20	8
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**Long Jump W35**

1	Kathryn Miles	W45 Win	4.01	8
2	Becky Mulley	W35 Soton	4.00	7
3	Natasha Norris	W40 AFD	3.85	6
4	Claudia Cabbage	W45 Ports	3.62	5
5	Lindsay Webb	W45 Fleet	2.77	4
6	Cath Row	W50 Havant	2.34	3

**Long Jump W50**

1	Janet Dickinson	W50 Soton	4.53	8
2	Alison Fenwick	W55 Win	3.61	7
3	Charon Baggaley	W50 Ports	2.37	6
4	Nick Walshe	W55 BMH	2.21	5
5	Di Byrne	W50 Havant	1.56	4

**Long Jump W60**

1	Moira West	W65 Win	3.27	8
2	Astrid Mangel	W65 Soton	2.56	7
3	Marilyn Crocker	W70 Havant	2.52	6
4	Kirsten Workman	W65 AFD	2.51	5
5	Lynne Newton	W70 Ports	1.65	4

**Shot W35**

1	Claudia Cabbage	W45 Ports	9.30	8
2	Katy Odell	W40 Soton	8.34	7
3	Heather Mballa	W35 Win	7.63	6
4	Susanne Jacob-Williams	W45 BMH	7.10	5
5	Tracy Duke	W40 AFD	6.34	4
6	Lindsay Badman	W35 AFD, gst	6.09	
7	Vicki Spencer	W50 Havant	5.39	3
8	Lindsay Webb	W45 Fleet	5.36	2

**Shot W50**

1	Janet Dickinson	W50 Soton	9.00	8
2	Jayne Anscombe	W50 Ports	8.18	7
3	Kirsten Workman	W65 AFD	6.25	6
4	Chris Strode	W60 Havant	5.62	5
5	Sue Hume	W60 Win	5.43	4
6	Penny Abbott	W50 Fleet	3.75	3

**Discus W35**

1	Susanne Jacob-Williams	W45 BMH	23.61	8
2	Heather Mballa	W35 Win	23.12	7
3	Claudia Cabbage	W45 Ports	21.77	6
4	Joy Wright	W40 Soton	19.19	5
5	Tracy Duke	W40 AFD	18.76	4
6	Ruth Wallace	W35 Fleet	18.24	3
7	Cath Row	W50 Havant	12.51	2

**Discus W50**

1	Janet Dickinson	W50 Soton	26.12	8
2	Chris Strode	W60 Havant	20.96	7
3	Sue Hume	W60 Win	15.97	6
4	Kirsten Workman	W65 AFD	13.57	5
5	Denise Perrett	W65 Ports	8.85	4

**Final League Positions**

1	Southampton	31 (542)
2	Winchester & District	29 (524.5)
3	Aldershot, Farnham & District	23 (395)
4	City of Portsmouth	20 (379.5)
5	Havant	14 (297)
6	Basingstoke & Mid Hants	14 (276)
7	Overton Harriers	6 (67)
8	Fleet & Crookham	5 (104)