

SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hampshire Division
Aldershot - Monday 11 July 2022

Men's Match

1	Basingstoke & Mid Hants	141
2	Southampton	126
3	Winchester & District	98
4	Aldershot, Farnham & District	93
5	Havant	88
6	Overton Harriers	76
7	City of Portsmouth	57
8	Fleet & Crookham	32

200 metres M35 A

1	Dean Showler-Davis	M35	BMH	23.86	8
2	Ian Horlock	M35	Soton	24.02	7
3	Owen Watts	M35	Win	25.80	6
4	Mark Vallier	M45	Ports	25.82	5
5	Gareth Juliff	M40	Over	29.87	4
6	Martin D'Mellow	M45	AFD	30.40	3

M35 B

1	Harinder Singh	M35	Soton	25.2*	8
2	Tim Smales	M40	Win	26.4*	7
3	Robert Tyson	M45	BMH	27.1*	6
4	Michael Stone	M35	Over	27.3*	5
5	Andrew Hislop	M55	AFD	35.4*	4

* - manual timing

N/S

1	Simon Ciaravella	M45	Soton	27.88	
2	Chris Williams	M35	Soton	29.44	
3	Vic Novell	M75	Soton	32.39	
4	Graham Kent	M70	BMH	35.49	
5	Peter Haynes	M70	Soton	36.89	

M50

1	Steve Beak	M55	Soton	26.75	8
2	Neil Eames	M55	Havant	28.47	7
3	Dan Tomlinson	M50	AFD	29.65	6
4	Ray Watkins	M65	BMH	30.02	5
5	Chris Dewey	M55	Over	30.76	4
6	Ian Parker	M55	Win	31.09	3
7	Tim Sorrell	M60	Soton	33.09	N/S

800 metres M35 A, M35 B

1	Tim Smales	M40	Win	2:07.19	8	A
2	Simon Cooper	M45	AFD	2:07.44	7	A
3	Owen Watts	M35	Win	2:09.18	8	B
4	Michael Stone	M35	Over	2:10.78	6	A
5	David Coak	M35	Soton	2:12.21	5	A
6	Kit Lau	M40	Soton	2:12.76	7	B
7	Dan Acheson	M40	AFD	2:14.27	6	B
8	Tony Parker	M35	BMH	2:14.68	4	A
9	Stevyn Mills	M35	Fleet	2:20.51	3	A
10	Chris Tildesley	M35	Ports	2:22.90	2	A
11	Nick Battisson	M40	BMH	2:25.92	5	B
12	Richard Guy Smith	M45	AFD	2:26.31		N/S
13	Peter Newman	M40	Over	2:31.83	4	B
14	Graeme Dobson	M35	Havant	2:43.90	1	A

M50

1	Peter Merritt	M35	Soton	2:21.22		N/S
2	Jim Garland	M55	Havant	2:25.17	8	
3	Andy Gannaway	M55	Win	2:26.15		N/S
4	Chris Furness	M50	BMH	2:26.51	7	
5	Matt Gleed	M35	Win	2:26.61		N/S
6	Chris Dewey	M55	Over	2:32.33	6	
7	Paul Horler	M55	Win	2:48.07	5	
8	Ian Thompson	M45	BMH	2:50.79		N/S

M60

1	Andrew Waddington	M60	BMH	2:37.0*	8	
2	Adrian Weston	M50	AFD	2:41.0*		N/S
3	Mike Bell	M65	Ports	2:47.7*	7	

4	John Mills	M60	Win	2:54.7*	6	
5	Rick Munro	M55	Win	2:55.4*		N/S
6	Steve Oliver	M60	Win	2:59.0*		N/S
7	Sid Delara	M65	Soton	3:00.0*	5	
8	Martin Crawshaw	M60	Over	3:14.2*	4	
9	Graham Foden	M70	Havant	3:48.7*	3	

* - manual timing

3000 metres M35 A, M35 B

1	Hamish MacLean	M35	AFD	9:19.95	8	A
2	Craig Berryman	M35	Havant	9:33.41	7	A
3	Daniel Quinlan	M35	AFD	9:35.67	8	B
4	Alex Hamilton	M45	BMH	9:44.35	6	A
5	David Coak	M35	Soton	9:44.51		N/S
6	Paul Mitchinson	M40	Havant	9:54.79	7	B
7	Kit Lau	M40	Soton	9:57.14		N/S
8	Richard Bidgood	M45	Win	10:03.80	5	A
9	Emlyn Hughes	M45	Soton	10:13.77	4	A
10	Michael Stone	M35	Over	10:15.41	3	A
11	Chris Tildesley	M35	Ports	10:17.39	2	A
12	Matt Hibberd	M40	Soton	10:21.21	6	B
13	Tony Parker	M35	BMH	10:21.98		N/S
14	James Wallace	M35	Fleet	10:23.00	1	A
15	Peter Newman	M40	Over	10:25.29	5	B
16	Alastair Bridgman	M45	BMH	10:30.08	4	B
17	Stevyn Mills	M35	Fleet	10:42.26	3	B
18	Matt Gleed	M35	Win	11:13.07	2	B
19	Ian Thompson	M45	BMH	11:46.31		N/S
20	Russell Lyne	M35	Ports	11:54.21	1	B

M50, M60

1	James Warren	M50	AFD	10:17.75*	8	M50
2	Tim Ellis	M60	BMH	10:57.27	8	M60
3	Chris Dewey	M55	Over	11:03.21	7	M50
4	Mark Hargreaves	M65	Ports	11:05.59	7	M60
5	Paul Horler	M55	Win	11:40.39	6	M50
6	Mark Norris	M50	BMH	11:45.80	5	M50
7	Steve Oliver	M60	Win	11:59.05		N/S
8	Franklyn Young	M60	Win	12:05.13	6	M60
9	Rick Munro	M55	Win	12:54.41		N/S
10	Martin Crawshaw	M60	Over	13:03.18	5	M60
11	Andrew Hislop	M55	AFD	13:09.15		N/S

* - manually entered time

2000m Walk M35, M50, W35, W50

1	Keith Vallis	M55	Over	11:46.57	8	M50
2	Michael Hickey	M60	BMH	12:11.41	7	M50
3	Derek Smith	M65	Win	12:36.53	8	M35
4	Emlyn Hughes	M45	Soton	12:36.61	7	M35
5	Sarah Gurney	W50	Win	12:38.06		
6	Charlotte Hoskins	W45	Win	12:38.12		
7	Paul Hillyard	M65	Havant	13:00.17	6	M35
8	Andy Smerdon	M60	Fleet	13:13.45	6	M50
9	Roger Osgood	M80	Havant	13:19.19	5	M50
10	Hannah Willson	W40	Soton	13:21.22		
11	Katherine Smith	W55	AFD	13:23.46		
12	Sue Davies	W55	AFD	13:29.87		
13	Ian Jennings	M50	AFD	13:38.15	5	M35
14	Caroline Partner	W40	BMH	13:41.71		
15	Emma Jolley	W40	Ports	14:10.13		
16	Caroline Barnfield	W60	Soton	14:11.38		
17	Ray Gartland	M55	BMH	14:33.06	4	M35
18	Di Byrne	W55	Havant	14:37.16		
19	Peter Haynes	M70	Soton	15:07.07	4	M50
20	Judy Hewitt	W50	Over	16:16.08		
21	Marilyn Crocker	W70	Havant	17:47.96		
-	Martin Crawshaw	M60	Over	-		DQ
-	Neil Barton	M40	BMH	-		DQ N/S
-	George Wallace	M65	AFD	-		DQ

4x200m Relay M35

1	C	Soton	1:39.56	8
2	B	BMH	1:44.13	7
3	W	Win	1:55.93	6
4	P	Ports	1:56.71	5
5	H	Havant	1:59.50	4
6	O	Over	2:04.65	3

Pole Vault M35

1	John Dickinson	M35	BMH	3.20	8
2	Andy Morgan-Lee	M50	Soton	1.80	7
3	Pete Spencer	M75	Havant	1.20	6
4	John Dickinson	M60	Fleet	NM	

M50

1	Derek Warn	M55	Soton	2.80	8
2	Alan Smith	M60	Ports	2.60	7
3	Paul Hillyard	M65	Havant	2.40	6
4	Michael Hickey	M60	BMH	1.60	5
5	David Haines	M80	Fleet	NM	

Triple Jump M35

1	Neil Barton	M40	BMH	11.17	8
2	Loba Olopade	M40	BMH	10.39	N/S
3	Russell Lyne	M35	Ports	9.24	7
4	Chris Tildesley	M35	Ports	8.59	N/S
5	Graham Lay	M45	Soton	8.43	6
6	Andrew Hislop	M55	AFD	7.15	5

M50

1	Ian Bridgeman	M50	AFD	10.20	8
2	Neil Eames	M55	Havant	8.55	7
3	Andrew Waddington	M60	BMH	8.50	6
4	Michael Coker	M65	Soton	7.97	5

Discus M35

1	John Dickinson	M35	BMH	32.02	8
2	Graham Lay	M45	Soton	30.75	7
3	Neil Fitzpatrick	M35	Havant	26.35	6
4	Andrew Mant	M40	Win	21.34	5
5	Andy Smerdon	M60	Fleet	17.58	4
6	Dan Acheson	M40	AFD	14.04	3
7	Keith Vallis	M55	Over	12.18	2

M50

1	Paul Kelly	M50	Fleet	32.61	8
2	Mike Marchant	M55	Win	30.28	7
3	Andrew Turner	M55	Soton	26.66	6
4	Nigel Hooker	M65	AFD	25.54	5
5	Andrew Waddington	M60	BMH	23.33	4
6	Alan Smith	M60	Ports	22.98	3
7	Piers Puntan	M50	Over	21.29	2
8	Mark Scarborough	M60	Havant	18.22	1

M60

1	Stephen Dobson	M60	Soton	29.86	N/S
2	Michael Coker	M65	Soton	24.18	N/S
3	Tim Sorrell	M60	Soton	20.21	N/S

Javelin M35

1	Graham Lay	M45	Soton	43.74	8
2	Neil Barton	M40	BMH	31.80	N/S
3	Neil Fitzpatrick	M35	Havant	31.78	7
4	John Dickinson	M35	BMH	31.31	6
5	Andrew Mant	M40	Win	30.78	5
6	Chris Tildesley	M35	Ports	22.58	4
7	Ian Jennings	M50	AFD	18.46	3
8	Keith Vallis	M55	Over	13.34	2

M50

1	Ian Bridgeman	M50	AFD	26.24	8
2	Alan Smith	M60	Ports	22.87	7
3	Derek Warn	M55	Soton	22.27	6
4	Mike Marchant	M55	Win	21.16	5
5	Andy McCrum	M60	BMH	19.03	4
6	Piers Puntan	M50	Over	18.94	3
7	Paul Hillyard	M65	Havant	18.62	2

M60

1	Andrew Waddington	M60	BMH	28.46	8
2	Andy Smerdon	M60	Fleet	23.16	7
3	Nigel Hooker	M65	AFD	22.87	6
4	Mark Scarborough	M60	Havant	22.48	5
5	Peter Haynes	M70	Soton	15.45	4
6	Martin Crawshaw	M60	Over	9.61	3

Final League positions

1	Basingstoke & Mid Hants	32 (604)
2	Southampton	28 (537)
3	Winchester & District	22 (392)
4	Aldershot, Farnham & District	17 (329.5)
5	Havant	15 (323)
6	Overton Harriers	14 (295.5)
7	City of Portsmouth	12 (238)
8	Fleet & Crookham	2 (57)

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Aldershot - Monday 11 July 2022

Women's Match

1	Winchester & District	152
2	Southampton	146
3	Aldershot, Farnham & District	116
4	Basingstoke & Mid Hants	53
5	Havant	45
6=	Overton Harriers	40
6=	City of Portsmouth	40
8	Fleet & Crookham	5

200 metres W35 A

1	Joy Wright	W40	Soton	28.53	8
2	Sian Lewis	W35	Win	28.78	7
3	Marianna Morey	W35	AFD	29.52	6
4	Katy Lowe	W35	BMH	33.42	5
5	Emma Jolley	W40	Ports	33.72	4

W35 B

1	Kathryn Miles	W45	Win	30.14	8
2	Maria Victoria Humbert	W35	Soton	31.08	7
3	Kelly Roberts	W45	AFD	33.43	6
4	Sue True	W45	Win	33.81	N/S
5	Alison Edwards	W40	BMH	39.13	5

W50, W60

1	Tracy Bezance	W55	Soton	31.30	8	W50
2	Angela Owen	W65	AFD	33.97	8	W60
3	Cath Wheeler	W60	Over	34.52	7	W60
4	Moira West	W70	Win	34.55	6	W60
5	Samantha Smith	W50	Ports	35.88	7	W50
6	Nina Ellis	W50	AFD	36.03	6	W50
7	Fiona Bolton	W50	Win	38.21	5	W50
8	Marina Cornwall	W65	Soton	39.33	5	W60
9	Marilyn Crocker	W70	Havant	61.58	4	W60

800 metres W35 A, W35 B

1	Erin Willmers	W35	Win	2:24.47	8	A
2	Sian Lewis	W35	Win	2:25.16	8	B
3	Sarah Kingston	W35	Soton	2:32.00	7	A
4	Lesley Locks	W45	AFD	2:37.36	6	A
5	Emma Jolley	W40	Ports	2:38.88	5	A
6	Jennifer Temple	W35	AFD	2:47.63	7	B
7	Alison Edwards	W40	BMH	2:52.33	4	A
8	Nicci Blandford	W45	Soton	2:54.97	6	B
9	Lucy Pearson	W40	Over	3:02.58	3	A
10	Jane Vickers	W45	BMH	3:22.79	5	B
11	Marilyn Crocker	W70	Havant	5:04.16	2	A

W50

1	Lucy Elliott	W55	Win	2:28.39	8
2	Sue True	W45	Win	2:44.08	N/S
3	Cath Wheeler	W60	Over	2:58.18	7
4	Samantha Smith	W50	Ports	3:01.59	6
5	Di Byrne	W55	Havant	3:18.48	5
6	Dawn Cobbett	W60	AFD	4:12.30	4
7	Astrid Mangel	W70	Soton	5:26.67	3

3000 metres W35 A, W35 B, W50

1	Lucy Elliott	W55	Win	10:17.05	8	A
2	Lesley Locks	W45	AFD	10:31.54	7	A
3	Erin Willmers	W35	Win	10:46.40	8	B
4	Alice Burch	W40	Soton	11:03.90	6	A
5	Katie Slater	W35	Soton	11:05.60	7	B
6	Ruth Wallace	W35	Fleet	11:11.36	5	A
7	Emma Jolley	W40	Ports	11:13.98	4	A
8	Nicky McKenzie	W40	AFD	11:35.29	6	B
9	Bea Lafreniere	W45	AFD	11:51.73	N/S	

10	Alison Edwards	W40	BMH	12:29.57	3	A
11	Cath Wheeler	W60	Over	12:37.02	8	W50
12	Lucy Pearson	W40	Over	12:53.65	2	A
13	Cathy Kinnear	W50	Win	13:23.11	7	W50
14	Di Byrne	W55	Havant	13:25.35	6	W50
15	Jane Georghiou	W65	Ports	14:56.66	5	W50
16	Katy Lowe	W35	BMH	16:01.07	5	B
17	Janet Dickinson	W55	Soton	16:20.79	4	W50
18	Dawn Cobbett	W60	AFD	17:25.25	3	W50

2000m Walk M35, M50, W35, W50

1	Keith Vallis	M55	Over	11:46.57		
2	Michael Hickey	M60	BMH	12:11.41		
3	Derek Smith	M65	Win	12:36.53		
4	Emlyn Hughes	M45	Soton	12:36.61		
5	Sarah Gurney	W50	Win	12:38.06	8	W50
6	Charlotte Hoskins	W45	Win	12:38.12	8	W35
7	Paul Hillyard	M65	Havant	13:00.17		
8	Andy Smerdon	M60	Fleet	13:13.45		
9	Roger Osgood	M80	Havant	13:19.19		
10	Hannah Willson	W40	Soton	13:21.22	7	W35
11	Katherine Smith	W55	AFD	13:23.46	6	W35
12	Sue Davies	W55	AFD	13:29.87	7	W50
13	Ian Jennings	M50	AFD	13:38.15		
14	Caroline Partner	W40	BMH	13:41.71	5	W35
15	Emma Jolley	W40	Ports	14:10.13	4	W35
16	Caroline Barnfield	W60	Soton	14:11.38	6	W50
17	Ray Gartland	M55	BMH	14:33.06		
18	Di Byrne	W55	Havant	14:37.16	3	W35
19	Peter Haynes	M70	Soton	15:07.07		
20	Judy Hewitt	W50	Over	16:16.08	5	W50
21	Marilyn Crocker	W70	Havant	17:47.96	4	W50
-	Martin Crawshaw	M60	Over	-	-	DQ
-	Neil Barton	M40	BMH	-	-	DQ
-	George Wallace	M65	AFD	-	-	DQ

4x200m Relay W35

1	C	Soton	2:00.20	8
2	W	Win	2:02.66	7
3	A	AFD	2:10.22	6
4	B	BMH	2:37.00	5

Pole Vault W35

1	Becky Mulley	W40	Soton	2.00	8
2	Janet Littlewood	W45	Win	1.80	7

W50

1	Vicky Bright	W60	Soton	1.40	8
2	Vicki Spencer	W55	Havant	NM	
3	Fiona Bolton	W50	Win	NM	

Long Jump W35

1	Natasha Norris	W45	AFD	4.09	8
2	Becky Mulley	W40	Soton	3.98	7
3	Kathryn Miles	W45	Win	3.70	6
4	Lucy Pearson	W40	Over	2.58	5
5	Vicki Spencer	W55	Havant	NM	

W50

1	Janet Dickinson	W55	Soton	4.32	8
2	Fiona Bolton	W50	Win	3.18	7
3	Nina Ellis	W50	AFD	2.68	6
4	Di Byrne	W55	Havant	NM	

W60

1	Moira West	W70	Win	3.23	8
2	Vicky Bright	W60	Soton	2.55	7
3	Angela Owen	W65	AFD	NM	

Shot W35

1	Shelley Parr	W45	Win	8.17	8
2	Janet Dickinson	W55	Soton	7.63	7
3	Claire Wood	W45	AFD	5.98	6
4	Vicki Spencer	W55	Havant	4.53	5
5	Jane Vickers	W45	BMH	3.69	4

W50

1	Sue Van Vuuren	W50	Win	9.27	8
2	Deborah Montgomery	W55	BMH	8.71	7
3	Eni Font Freide	W55	AFD	6.78	6
4	Helen Wilson	W60	AFD	6.34	N/S
5	Christine Strode	W65	Havant	5.81	5
6	Rosemary Hutton	W70	Soton	4.89	4

Discus W35

1	Shelley Parr	W45	Win	33.72	8
2	Joy Wright	W40	Soton	20.99	7
3	Claire Wood	W45	AFD	18.19	6
4	Jane Vickers	W45	BMH	12.95	5
5	Vicki Spencer	W55	Havant	12.69	4
6	Judy Hewitt	W50	Over	8.81	3

W50

1	Janet Dickinson	W55	Soton	23.03	8
2	Christine Strode	W65	Havant	18.15	7
3	Helen Wilson	W60	AFD	17.48	6
4	Amanda Purser	W50	Ports	17.29	5
5	Jane Gandee	W50	Win	17.03	4
6	Deborah Montgomery	W55	BMH	NM	

Final League positions

1	Southampton	30 (571)
2	Winchester & District	30 (559)
3	Basingstoke & Mid Hants	22 (323)
4	Aldershot, Farnham & District	18 (305)
5	Havant	16 (228)
6	City of Portsmouth	12.5 (201)
7	Overton Harriers	11.5 (153)
8	Fleet & Crookham	1 (5)